

# IsaLean® Pro Shake



**High-quality protein for building lean muscle mass that helps you bust through stubborn weight loss plateaus, increases metabolism and curbs hunger. Perfect for athletes and weight loss!**

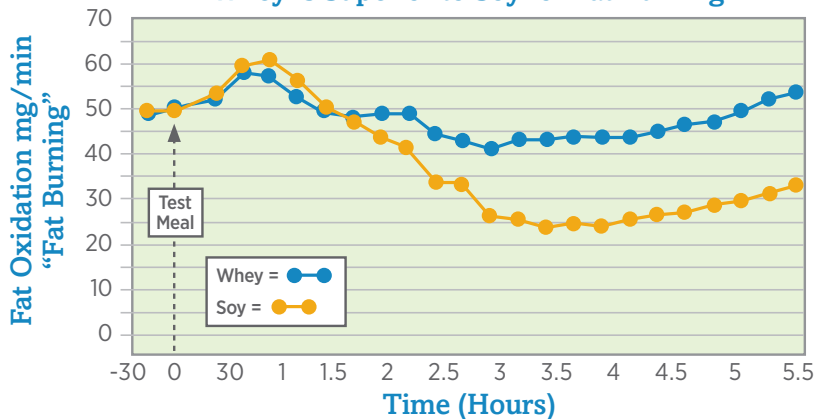
Available in convenient single-serving packets, IsaLean® Pro now combines the nutrient-packed power of IsaLean Shake—clinically studied for weight loss and optimal health—with IsaPro, the protein powerhouse answer for dieters and athletes. IsaLean Pro offers maximum results delivering a mega dose of 36 grams of the highest quality undenatured protein acquired from free-grazing New Zealand dairy cows that live a life free of hormones or antibiotics.

- Slows muscle break down
- High concentration Branched-chain Amino Acids for increased muscle development
- Enhances satiety so you feel fuller, longer
- Boosts metabolism and fat burning
- Important antioxidants for battling oxidative stress
- Digestive enzymes to aid digestion



RETAIL: \$65.95  
ASSOC: \$49.95  
BV 32

## Whey is Superior to Soy for Fat Burning



Whey protein has been proven to consistently deliver the best results for fat oxidation (aka “fat burning”). *Acheson et al. 2011.*

IsaLean Pro Shake is a powerfully effective, high-protein meal replacement supercharged with complete nutrition. There are a number of meal replacement shakes out there employing various ingredients such as soy. Studies show whey protein is the superior choice for fat burning, muscle retention and growth that surpasses the result of soy-based shakes. Athletes who exercise intensely, regularly or sporadically, need increased amounts of protein for adequate muscle repair and growth.

*“In my book ‘The Right Protein for Muscle and Strength,’ I lauded the whey protein concentrate—the same one in Isagenix products. It’s the best formula out there.”*  
**Dr. Michael Colgan,**  
Best-Selling Sports Author and Trainer

*“When we diet we lose muscle; it’s inevitable! But the Isagenix system fortifies the body to prevent muscle loss. It created a tighter physique for my clients and allows them to stay conditioned.”*  
**Cathy Savage,**  
Fitness Coach

*“The products allow you to stay lean and gain muscle at the same time. I’m living proof that the Isagenix system works effectively.”*  
**Bo Lively,**  
Natural Body Builder

## Unleash the Pro in you.



**Tips |** Whey protein is superior for weight loss because it can affect body composition, keep you fuller longer and stimulate thermogenesis (the production of heat in the human body). As you build lean tissue with high-quality whey protein, you are able to burn more calories. Research shows whey protein is far more effective than carbs, fats and other proteins for stimulating fat-burning potential. Also, as we get older, our protein requirements rise in order for our bodies to hold on to muscle. Recent studies suggest that large doses of whey protein (up to 35g) versus lower doses over time, is better for promoting muscle maintenance and growth in people over 55.

### Important links



**Video |** Top athletes choose Isagenix products for superior nutrition and lean muscle maintenance.



**Science Article |** Recent studies suggest that large doses of whey protein (up to 35g) versus lower doses over time, is better for promoting muscle maintenance and growth in people over 55.



**Training Calls |** Shane Freels and The Inside Secrets to IsaLean Pro



**Web page**



**Product Information Sheet**