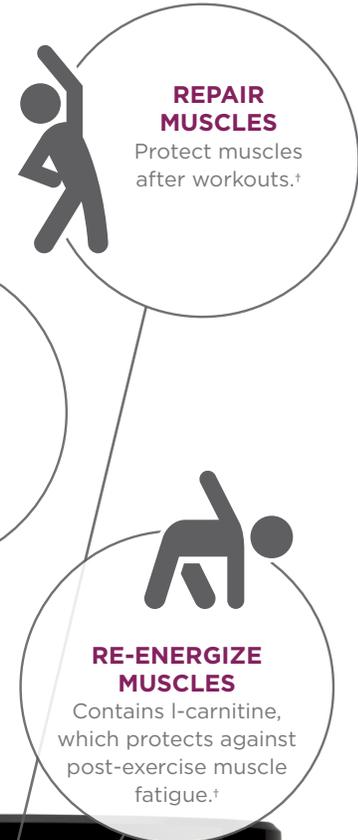


# MAXIMIZE MUSCLE RECOVERY

AMPED™ Recover is a post-workout solution for better muscle recovery and rebuilding.

## WHY YOU NEED AMPED RECOVER:



## WHAT IS AMPED RECOVER?

AMPED™ Recover is a post-workout supplement with branched -chain amino acids to support muscle rebuilding and recovery.†



## HOW IT WORKS:

AMPED Recover features a proprietary blend of branched-chain amino acids and l-carnitine to support the muscle rebuilding process after exercise.†

## BCAAs IN ACTION:

Branched-chain amino acids (BCAAs) include three amino acids: leucine, isoleucine, and valine. Leucine is primarily responsible for stimulating muscle protein synthesis while isoleucine and valine stimulate nutrient uptake by muscles and cells. The combined effect of these three BCAAs is better and faster post-workout recovery.†

### Perfect for:

- Those 16 and older
- Athletes
- Anyone looking for optimal recovery



SOY-FREE



GLUTEN-FREE



DAIRY-FREE

Contact Your Isagenix  
Independent Associate for  
More Info:

## WHAT MAKES AMPED RECOVER UNIQUE?

AMPED Recover is more than just a branched-chain amino acid product. It also delivers l-carnitine, which works to help rebuild muscle tissue and decrease post-workout muscular fatigue. AMPED Recover can be combined with IsaPro®, which will further enhance the process of recovery and rebuilding.†

The effectiveness of AMPED products depends on nutritional timing—when you take each product throughout your workout. There are three windows, pre-, mid-, and post-workout, where these products are designed help deliver results.



Stay tuned for an exciting change in 2016, as we rebrand our favorite sports drink—Replenish™—into AMPED Hydrate to align with the new Performance System. The flavors and formula will stay the same, but will join the AMPED family.

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.